

# LAKE FOREST SOUTH ELEMENTARY SCHOOL

~ Optional Selection

## JUNE, 2017

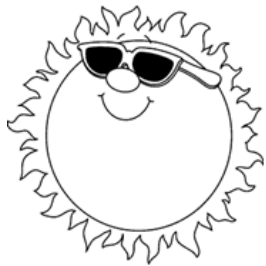
### MEAL PRICES:

**STUDENTS:**  
NO COST

**ADULTS:**  
Breakfast: \$2.30  
Lunch: \$3.50

**Student account balances:** Sign up on the website [MYSCHOOLBUCKS.COM](http://MYSCHOOLBUCKS.COM) and you can view balances and account activity at any time or get low-balance emails for Free! There is a \$1.95 fee if you use the website to put money into your child(ren)'s account(s).

**AVAILABLE DAILY ON BOTH SERVING LINES:** ENTREES, CHEESE PIZZA, TURKEY & CHEESE SANDWICH, HAM & CHEESE SANDWICH, CHEF SALAD/CRACKERS, GARDEN SALAD/CRACKERS, AND TUNA SALAD SANDWICHES. Any student or staff member can make a request by 9:30 a.m. in account form envelope.



*Students may take all 5 components but must take 3 to complete the meal. One must be a fruit or vegetable.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p><b>Manager Choice</b></p> <p><u>SELECT ONE:</u> Fat Free Milk: White, Chocolate, or Strawberry</p>	<p>2</p> <p><b>Manager Choice</b></p> <p><u>SELECT ONE:</u> Fat Free Milk: White, Chocolate, or Strawberry</p>
<p>5</p> <p><b>Manager Choice</b></p> <p><u>SELECT ONE:</u> Fat Free Milk: White, Chocolate, or Strawberry</p>	<p>6</p> <p><b>Manager Choice</b></p> <p><u>SELECT ONE:</u> Fat Free Milk: White, Chocolate, or Strawberry</p>	<p>7</p> <p><b>Manager Choice</b></p> <p><u>SELECT ONE:</u> Fat Free Milk: White, Chocolate, or Strawberry</p>	<p>8</p> <p><b>Manager Choice</b></p> <p><u>SELECT ONE:</u> Fat Free Milk: White, Chocolate, or Strawberry</p>	<p>9</p>

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language etc.), should contact the Agency (State or local) Where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact the USDA through the Federal Relay Service at (800)877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866)632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410; (2) fax: (202)690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.