

RESOURCE LIST

Counseling Resources and Drug & Alcohol

Counseling

Aquila	302-856-9746	
Delaware Psychological Association	302-475-1574	www.depsych.org
Psychiatric Access	302-674-2265	
Mental Health Association	800-654-6833	
Dover Behavioral Health (free mental health assessment)	302-741-0140	855-609-9711
Meadowood Behavioral Health	302-800-1481	
Kent County Counseling	302-735-7790	
Alcoholics Anonymous	302-736-1567	
Fellowship Health Resources	302-854-0626	

HOUSING/SHELTER

Whatcoat	302-734-0319
Shepherd Place	302-678-1909
Delaware State Housing Authority	302-739-4263
Dover Housing Authority	302-678-1965

OTHER RESOURCES

James Williams State Service Center	302-857-5000	
Planned Parenthood	302-678-5200	
AIDS Hotline	800-422-0429	
Brandywine Counseling & Community Services (RISE)	302-856-4700	www.brandywinecounseling.org
Westside Health Care	302-678-4622	
Medicaid/Food Stamps	302-672-9500	www.assist.dhss.delaware.gov
Job Corps	800-733-5627	
Delaware Quit Line (18+ yrs)	866-409-1858	

RESOURCE LIST

Lake Forest High School Wellness Center	302-284-9291 ext 627	
Delaware State Police	302-697-4454	
Harrington Police	302-398-4495	
Felton Police	302-284-8441	
Delaware Helpline	800-560-3372 or 211	
Crisis Intervention /Child Priority Response (0-17 yrs)	800-969-4357	
Crisis Intervention (18+ yrs)	800-345-6785	
National Suicide Hotline	800-273-8255	
Crisis Hotline/ Peer to Peer Hotline/Crisis Chat	855-517-1500	www.crisischat.org
Contact Life Line/Rape Crisis	800-262-9800	
Division of Prevention and Behavioral Health Services	302-633-2600	
Child Abuse Reporting	800-292-9582	
National Dating Abuse Hotline	866-331-9474	www.loveisrespect.org
Domestic Violence Hotline	800-799-7233	bilingual 302-422-5015
Crisis Text Line	DE to 741741	www.crisistextline.org

Mental Health Counseling

Anew Mental Health	302-678-4558
A Center for Mental Wellness	302-674-1397
Catholic Charities	302-674-1600
Children and Families First	302-674-8384
Delaware Guidance	302-678-3020
Mind & Body Consortium	302-674-2380
Peoples Place	302-422-8033
A Peace of Mind	302-674-7866
LaRed	302-855-1233
Mental Edge Counseling	302-382-8698