

# Central Elementary

## NOVEMBER 2018 - LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Thank You</p> <p>VETERANS</p>		<p>Fall Back 1 Hour Sun Nov 4 at 2 AM</p>	<p>1</p> <p>Chicken Mac &amp; Cheese ~Roll Cheese Sticks w/ Sauce -----Served with:----- Broccoli Stewed Tomatoes Sidekicks Flavor Ice</p>	<p>2</p> <p>Sloppy Joe on a Bun Pizza -----Served with:----- French Fries Steamed Spinach</p>
<p>5</p> <p>Chicken Patty on a Bun Pizza -----Served with:----- Carrot Coins Roasted Brussel Sprouts</p>	<p>6</p> <p>School Closed</p> <p>Election Day</p>	<p>7</p> <p>Chicken Nuggets w/ Roll Pizza -----Served with:----- Peas California Mix</p>	<p>8</p> <p>Brunch 4 Lunch (*Eggs &amp; Ham or Sausage w/ Biscuit) Corn Dog -----Served with:----- Smiley Face Potatoes Mixed Vegetables</p>	<p>9</p> <p>Fish Nuggets, Mac-n-Cheese &amp; Roll Pizza -----Served with:----- Green Beans Stewed Tomatoes</p>
<p>12</p> <p>School Closed Veteran's Day</p>	<p>13</p> <p>Gen. Tso's Chicken w/ Rice Popcorn Chicken w/ Roll -----Served with:----- Broccoli Carrot Coins</p>	<p>14</p> <p>Thanksgiving Dinner</p> <p>Turkey, Stuffing, Mashed Potatoes, Green Beans Cranberry Sauce</p>	<p>15</p> <p>Cheeseburger on a Bun Pasta Marinara w/ Roll -----Served with:----- Corn Winter Mix Fruited Jello</p>	<p>16</p> <p>VARIABLE Pizza -----Served with:----- Mgr. Special Potatoes Steamed Spinach</p>
<p>19</p> <p>School Closed</p> <p>Parent-Teacher Conferences</p>	<p>20</p> <p>No School Teacher Work Day</p>	<p>21</p> <p>School Closed</p>	<p>22</p> <p>School Closed</p> <p>HAPPY THANKSGIVING!</p>	<p>23</p> <p>School Closed</p>
<p>26</p> <p>Chicken Patty on a Bun Pizza -----Served with:----- Green Beans Carrot Coins</p>	<p>27</p> <p>Soft Beef Taco w/ Toppings Cheese Quesadilla w/ Salsa -----Served with:----- Refried Beans Corn</p>	<p>28</p> <p>Chicken Nuggets w/ Roll Pizza -----Served with:----- Mashed Potatoes w/ Gravy Mixed Vegetables</p>	<p>29</p> <p>Hot Dog on a Bun Toasted Cheese Sandwich -----Served with:----- Tomato Soup Peas</p>	<p>30</p> <p>Yogurt Parfait w/ Fruit Chicken Cheesesteak on a Roll Pizza -----Served with:----- Fresh Veggies w/ Ranch Broccoli</p>

**MEAL PRICES:**  
STUDENTS: NO COST

ADULTS:  
Breakfast: \$2.40  
Lunch: \$3.65

**AVAILABLE DAILY:**

Entree  
Jamich, String Cheese & Crackers  
Deli Sub & Sandwiches  
Deli Chef Salad w/ rolls  
Yogurt, String Cheese & Grahams  
Wed & Fri:  
Yogurt Parfait w/ Fruit

~~ VEGETABLE/FRUIT ~~  
Fresh Vegetable  
Fresh/Cupped Fruit  
Juice

~~~ MILK ~~~  
1% or Skim White  
Fat Free Chocolate  
Fat Free Strawberry

\*All Bread products are Whole Grain

**MySchoolBucks.com**  
Parents can pay on-line for  
extra meals/ala cart by  
credit card @  
www.myschoolbucks.com

Menu subject to change without notice