

East Elementary

NOVEMBER 2018 - LUNCH MENU



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| <p>Thank You</p> <p>VETERANS</p> | | <p>Fall Back 1 Hour Sun Nov 4 at 2 AM</p> | <p>1</p> <p>Chicken Mac & Cheese ~Roll Cheese Sticks w/ Sauce -----Served with:----- Broccoli Stewed Tomatoes Sidekicks Flavor Ice</p> | <p>2</p> <p>Sloppy Joe on a Bun Pizza -----Served with:----- French Fries Steamed Spinach</p> |
| <p>5</p> <p>Chicken Patty on a Bun Pizza -----Served with:----- Carrot Coins Roasted Brussel Sprouts</p> | <p>6</p> <p>School Closed</p> <p>Election Day</p> | <p>7</p> <p>Chicken Nuggets w/ Roll Pizza -----Served with:----- Peas California Mix</p> | <p>8</p> <p>Brunch 4 Lunch (*Eggs & Ham or Sausage w/ Biscuit) Corn Dog -----Served with:----- Smiley Face Potatoes Mixed Vegetables</p> | <p>9</p> <p>Fish Nuggets, Mac-n-Cheese & Roll Pizza -----Served with:----- Green Beans Stewed Tomatoes</p> |
| <p>12</p> <p>School Closed Veteran's Day</p> | <p>13</p> <p>Gen. Tso's Chicken w/ Rice Popcorn Chicken w/ Roll -----Served with:----- Broccoli Carrot Coins</p> | <p>14</p> <p>Thanksgiving Dinner</p> <p>Turkey, Stuffing, Mashed Potatoes, Green Beans Cranberry Sauce</p> | <p>15</p> <p>Cheeseburger on a Bun Pasta Marinara w/ Roll -----Served with:----- Corn Winter Mix Fruited Jello</p> | <p>16</p> <p>VARIABLE Pizza -----Served with:----- Mgr. Special Potatoes Steamed Spinach</p> |
| <p>19</p> <p>School Closed</p> <p>Parent-Teacher Conferences</p> | <p>20</p> <p>No School Teacher Work Day</p> | <p>21</p> <p>School Closed</p> | <p>22</p> <p>School Closed</p> <p>HAPPY THANKSGIVING!</p> | <p>23</p> <p>School Closed</p> |
| <p>26</p> <p>Chicken Patty on a Bun Pizza -----Served with:----- Green Beans Carrot Coins</p> | <p>27</p> <p>Soft Beef Taco w/ Toppings Cheese Quesadilla w/ Salsa -----Served with:----- Refried Beans Corn</p> | <p>28</p> <p>Chicken Nuggets w/ Roll Pizza -----Served with:----- Mashed Potatoes w/ Gravy Mixed Vegetables</p> | <p>29</p> <p>Hot Dog on a Bun Toasted Cheese Sandwich -----Served with:----- Tomato Soup Peas</p> | <p>30</p> <p>Yogurt Parfait w/ Fruit Chicken Cheesesteak on a Roll Pizza -----Served with:----- Fresh Veggies w/ Ranch Broccoli</p> |

MEAL PRICES:
STUDENTS: NO COST

ADULTS:
Breakfast: \$2.40
Lunch: \$3.65

AVAILABLE DAILY:

Entree
Jamich, String Cheese & Crackers
Deli Sub & Sandwiches
Deli Chef Salad w/ rolls
Yogurt, String Cheese & Grahams
Wed & Fri:
Yogurt Parfait w/ Fruit

~~ VEGETABLE/FRUIT ~~
Fresh Vegetable
Fresh/Cupped Fruit
Juice

~~~ MILK ~~~  
1% or Skim White  
Fat Free Chocolate  
Fat Free Strawberry

\*All Bread products are Whole Grain

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Parents can pay on-line for  
extra meals/ala cart by  
credit card @  
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Menu subject to change without notice