

# HIGH SCHOOL

## NOVEMBER 2018 - LUNCH MENU



**MEAL PRICES:**  
**STUDENTS: NO COST**

**ADULTS:**  
Breakfast: \$2.40  
Lunch: \$3.65

**AVAILABLE DAILY:**

**Entree**

Deli Sub/Sandwich/Wrap:  
Mon - Turkey wrap, Italian subs  
Tues - Chicken salad sandwich, Ham sub  
Wed - Roast Beef sandwich, Italian sub  
Thurs - Tuna sandwich, Turkey sub  
Fri - Ham wrap, lunchables

Chef Salad  
PB&J  
Yogurt Parfait

**Fruit**  
Fresh/Cupped Fruit



**A La Carte**  
Soup de Jour

\*Meal must include vegetable OR fruit.

**Milk**  
1% or skim White  
Fat Free Chocolate or Strawberry

\*All Bread products are Whole Grain



**MySchoolBucks.com**  
Parents can pay on-line for extra meals/ala cart by credit card @ [www.myschoolbucks.com](http://www.myschoolbucks.com)

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1 Baked Ziti w/ Roll Pizza</b> -----Served with:----- Steamed Carrots Side Salad	<b>2 Cheese Pizza Manager's Choice</b> -----Served with:----- Corn Steamed Spinach
<b>5 Gen. Tso's Chicken w/ Rice</b> <b>Meatball Sub on a Roll</b> -----Served with:----- Oriental Vegetables Fresh Broccoli w/ Ranch	<b>6 School Closed</b> 	<b>7 Cheese Sticks w/ Marinara Sauce</b> <b>Cheeseburger on a Bun</b> -----Served with:----- Green Beans Coleslaw	<b>8 Popcorn Chicken w/ Roll Pizza</b> -----Served with:----- Mashed Potatoes w/ Gravy Glazed Carrots	<b>9 Ham &amp; Cheese Pretzel Manager's Choice</b> -----Served with:----- Tomato Soup Steamed Broccoli
<b>12 School Closed Veteran's Day</b> 	<b>13 Baked Chicken w/ Rice &amp; Roll Pizza</b> -----Served with:----- Steamed Carrots Steamed Broccoli	<b>14 Chicken Patty On a Bun</b> <b>BBQ Pulled Pork On a Bun</b> -----Served with:----- Baked Beans Coleslaw	<b>15 Thanksgiving Dinner</b> <b>Turkey, Stuffing, Mashed Potatoes ~ Gravy</b> <b>Cranberry Sauce</b>	<b>16 Fish-N-Shrimp w/ Corn Muffin Manager's Choice</b> -----Served with:----- Mixed Vegetables Carrot Bites w/ Ranch
<b>19 School Closed</b> 	<b>20 No School</b> Teacher Work Day 	<b>21 School Closed</b> 	<b>22 School Closed</b> <b>HAPPY THANKSGIVING!</b> 	<b>23 School Closed</b> 
<b>26 Gen. Tso's Chicken w/ Rice</b> <b>Cheeseburger on a Bun</b> -----Served with:----- Oriental Vegetables Steamed Carrots	<b>27 Beef Nachos w/ Cheese Sauce Pizza</b> -----Served with:----- Corn Beets	<b>28 Chicken Nuggets w/ Roll</b> <b>Hot Turkey Sandwich</b> -----Served with:----- Mashed Potatoes w/ Gravy Mixed Vegetables	<b>29 BBQ Pork Rib on a Roll Pizza</b> -----Served with:----- Baked Beans Celery Sticks w/ Ranch	<b>30 Toasted Cheese Sandwich Manager's Choice</b> -----Served with:----- Tomato Soup Steamed Broccoli