

HIGH SCHOOL

AUG/SEPT 2018 - LUNCH MENU



MEAL PRICES:
STUDENTS: NO COST

ADULTS:
Breakfast: \$2.35
Lunch: \$3.55

AVAILABLE DAILY:

Entree

Deli Sub/Sandwich/Wrap:
Mon - Turkey wrap, Italian subs
Tues - Chicken salad sandwich, Ham sub
Wed - Roast Beef sandwich, Italian sub
Thurs - Tuna sandwich, Turkey sub
Fri - Ham wrap, lunchables

Chef Salad
PB&J
Yogurt Parfait

Fruit
Fresh/Cupped Fruit

A La Carte
Soup de Jour

*Meal must include vegetable OR fruit.

Milk
1% or skim White
Fat Free Chocolate or Strawberry

*All Bread products are Whole Grain



MySchoolBucks.com
Parents can pay on-line for
extra meals/ala cart by
credit card @
www.myschoolbucks.com

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
Aug 27 Gen. Tso's Chicken w/ Rice Cheeseburger on a Bun -----Served with:----- Oriental Vegetables Steamed Carrots	Aug 28 Beef Nachos w/Cheese Sauce Pizza -----Served with:----- Corn Beets	Aug 29 Chicken Nuggets w/ Roll Hot Turkey Sandwich -----Served with:----- Mashed Potatoes w/ Gravy Mixed Vegetables	Aug 30 BBQ Pork Rib on a Roll Pizza -----Served with:----- Baked Beans Celery Sticks w/ Ranch	Aug 31 <p style="text-align: center;">School Closed</p>
Sept 3 <p style="text-align: center;">School Closed</p> <p style="text-align: center;">Labor Day</p>	Sept 4 Beef Soft Taco w/ Toppings Pizza -----Served with:----- Refried Beans California Mix	Sept 5 Buffalo Chicken Mac & Cheese w/ Roll Cheese Quesadilla w/ Salsa -----Served with:----- Steamed Broccoli Stewed Tomatoes	Sept 6 <p style="text-align: center;">School Closed</p>	Sept 7 Cheese Pizza Manager's Choice -----Served with:----- Corn Steamed Spinach
Sept 10 Gen. Tso's Chicken w/ Rice Meatball Sub on a Roll -----Served with:----- Oriental Vegetables Fresh Broccoli w/ Ranch	Sept 11 Beef Nachos w/Cheese Sauce Pizza -----Served with:----- Zesty Black Beans Corn	Sept 12 Cheese Sticks w/ Marinara Sauce Cheeseburger on a Bun -----Served with:----- Green Beans Coleslaw	Sept 13 Popcorn Chicken w/ Roll Pizza -----Served with:----- Mashed Potatoes w/ Gravy Glazed Carrots	Sept 14 Ham & Cheese Pretzel Manager's Choice -----Served with:----- Tomato Soup Steamed Broccoli
Sept 17 Chicken Quesadilla Cheesesteak Sub on a Roll -----Served with:----- Tater Tots Mashed Sweet Potatoes	Sept 18 Baked Chicken w/ Rice & Roll Pizza -----Served with:----- Steamed Carrots Steamed Broccoli	Sept 19 Chicken Patty On a Bun BBQ Pulled Pork On a Bun -----Served with:----- Baked Beans Coleslaw	Sept 20 Brunch 4 Lunch (Pancakes, Sausage & Eggs) Pizza -----Served with:----- Green Beans Winter Mix	Sept 21 Fish-N-Shrimp w/ Corn Muffin Manager's Choice -----Served with:----- Mixed Vegetables Carrot Bites w/ Ranch
Sept 24 Gen. Tso's Chicken w/ Rice Cheeseburger on a Bun -----Served with:----- Oriental Vegetables Steamed Carrots	Sept 25 Beef Nachos w/Cheese Sauce Pizza -----Served with:----- Corn Beets	Sept 26 Chicken Nuggets w/ Roll Hot Turkey Sandwich -----Served with:----- Mashed Potatoes w/ Gravy Mixed Vegetables	Sept 27 BBQ Pork Rib on a Roll Pizza -----Served with:----- Baked Beans Celery Sticks w/ Ranch	Sept 28 Toasted Cheese Sandwich Manager's Choice -----Served with:----- Tomato Soup Steamed Broccoli